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‘It’s a time to mourn for the dead and fight for the living’

Approximately 100 people attended the Day of Mourning memorial put on by the Saskatoon and District Labour Council on Sunday afternoon. Alongside a candlelight vigil for the 60 workers killed last year, family and friends also laid wreaths at city hall to commemorate their loved ones. MORGAN MODJESKI/METRO

Workplace safety. Organizers, Canadian Labour Congress say more needs to be done to protect workers as Day of Mourning marked in Saskatoon, across the country

MORGAN MODJESKI
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On Sunday afternoon, friends and family who have lost a loved one on the job gathered in Saskatoon for the annual Day of Mourning.

A national event to remember those who lost their lives at the workplace or as a result of workplace illness, the Day of Mourning also raises awareness about the importance of workplace safety.

“What we do, like with Remembrance Day, is we honour those who lost their lives on the job, because people need to be reminded of that,” said Tom Howe, treasurer with the Saskatoon and District Labour Council and an organizer of the event.

“It’s a time to mourn for the dead and fight for the living.”

For those who have lost a loved one, Howe explained, the event has also become a symbol of endurance.

“It’s just such an important day for them. I think it helps them with some closure,” Howe said. “Their father, their brother or their son is being remembered … so it does have a big impact on the families who come year after year as I think they feel supported.”

He continued: “It’s about hope. Hope for the future and hope for safer workplaces.”

Barbara Byers, executive vice-president of the Canadian Labour Congress, said although Canada has laws in place to protect workers, she believes they fall short.

“There’s work to be done yet with police, with prosecutors, with governments so they clearly understand that any time a worker is killed or injured on the job, that workplace is a potential crime scene,” Byers said.

“(They) need to be made more aware of the criminal-negligence provisions of the Criminal Code. They need to have special training on how to use the laws, and they need to have the training so there are proper investigations any time a workplace accident occurs.”

Sad statistic

60

In 2012, 60 people were killed on the job in Saskatchewan, the highest number since 1981.

Catching Cup fever

Blades hold free pep rally for fans as city gets ready to host Memorial Cup next month PAGE 2

Rescue efforts stalled by fire

Flames break out at collapsed building in Bangladesh hours after owner is captured trying to flee PAGE 4

Tragic tales In the Playroom

Canadian artist recreates scenes of death and destruction using child models PAGE 4

Too-much-reality TV?

The Panic Button pits contestants against snakes, spiders, rats and all the other things they fear most PAGE 7

NEWS 1

Grasslands National Park

Wildfire contained

Emergency crews scrambled on Sunday to keep a massive fire contained in a southern Saskatchewan national park, after it had raged out of control earlier on the weekend.

The wildfire had stretched across an estimated 25 kilometres at Grasslands National Park near Val Marie, pushed on Saturday by strong winds that fuelled its flames and kept approximately 200 firefighters at the national, provincial and local levels on the run.

"It was pretty spectacular," Duane McKay, provincial commissioner of emergency management and fire safety, said on Sunday of what had become a wall of flames at the park, about 160 kilometres southeast of Swift Current.

While McKay said the blaze was "pretty much" contained by Sunday, officials were trying to assess the damage it had caused and determine how much land it had scorched.

"There might be damage to fences inside," he said of the park, adding that the fire fortunately missed the site's campground.

ROSS ROMANIUK/METRO

Moose Jaw

Floodwater covers sections of highways

Restrictions have been lifted on some highways near Moose Jaw after floodwater — some of it a few feet deep — began covering roads and hampering travel on Friday.

Run-off has covered stretches of several rural roads and highways across southern Saskatchewan, said Duane McKay, provincial commissioner of emergency management, "but nothing that's causing significant hardship to individuals at this particular point."

On Highway 2 just south of Moose Jaw, the Ministry of Highways had flag people and barricades to slow down and warn drivers — some of whom, in cars, found the water impassable — beginning on Friday.

Officials advise motorists to use the provincial Highway Hotline, at highways.gov.sk.ca, for road updates. METRO

Nine-year-old Chad Schindel poses for a shot in his Blades' jersey on Sunday afternoon. MORGAN MODJESKI/METRO

Blades rally fans to get pumped for Memorial Cup

Spirit. Event a chance for Blades to give back

MORGAN MODJESKI
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In hopes of getting fans revved up for the upcoming MasterCard Memorial Cup tournament, the Saskatoon Blades held a free pep rally for their supporters on Sunday afternoon.

Giving fans a chance to skate with the Blades and watch some on-ice demonstrations by the team, Michael Scissons, director of sales with the Blades, said they hope the pep rally will help get fans into the playoff spirit.

"One of the major advantages of hosting the Memorial Cup is having that hometown support," said Scissons. "Saskatoon has always been a tremendous supporter of every event that has come to Saskatoon and having the people come out and see them in a relaxed environment.... It's just getting some excitement going for that hockey that is just weeks away."

He continued: "Everybody who grew up in Saskatoon and watched the Blades knew how important they were to them: They are the hometown heroes. These are the guys that you come out and you look up to if you're a kid."

Becoming invested

Dad hopes to instil a love of the game for life

Kent Hanson, who was in attendance at the Blades pep rally, said he was there to make a lifelong fan out of his young son, Odin.

"It's to show support, and my son loves hockey, so anything hockey I take him to," said Hanson, noting he feels it's important to introduce kids to the team at a young age.

"Then it's not just people playing a game," said Hanson.

"They know (the players), they know their names, they high-five them, they pick a favourite player and then they follow them through their career. They're invested."

The MasterCard Memorial Cup comes to Saskatoon from May 17 to 26.

MORGAN MODJESKI/METRO

Members of Saskatoon's Bangladeshi community gathered in protest Sunday afternoon. MORGAN MODJESKI/METRO

Corruption. Protest calls on Canada to put pressure on Bangladesh government

On Sunday afternoon roughly 50 members of the Bangladeshi community in Saskatoon gathered to call on the Canadian government to bring the issue of corruption within the Bangladeshi government forward to the United Nations.

Protesting alongside 23 Street East in Downtown Saskatoon with colourful signs and chants, organizers of the protest say criticism from a human-rights giant like Canada will help put pressure on the Bangladeshi government, which they say is killing innocent people. METRO

Boston. FBI investigating whether bombing suspects got training: Lawmaker

The FBI is investigating in the United States and overseas to determine whether the suspects in the Boston Marathon bombing received training that helped them carry out the attack, the chairman of the U.S. House Homeland Security Committee said Sunday.

Rep. Michael McCaul spoke a day after U.S. officials disclosed that Russian authorities secretly recorded a telephone conversation in 2011 in which one of the two brothers suspected in the attack, Tamerlan Tsarnaev, vaguely discussed jihad with his mother.

The father of the Tsarnaev brothers, meanwhile, said from Russia on Sunday he is postponing a trip to the U.S. because of poor health.

Tsarnaev, 26, died in a police shootout. His younger brother, 19-year-old Dzhokhar, is charged with setting off the shrapnel-packed pressure-cooker bombs near the finish line of the Boston Marathon on April 15. Three people were killed and more than 260 were injured.

Anzor Tsarnaev, the father of the two Boston bombing suspects, postponed his trip to the U.S. Sunday because of poor health. THE ASSOCIATED PRESS

U.S. officials investigating the bombings have told The Associated Press that so far there is no evidence to date of a wider plot, including training, direction or funding for the attacks.

The bombs were triggered by a remote detonator of the kind used in remote-control toys, U.S. officials have said.

THE ASSOCIATED PRESS

Federal government. Minister overrules prison interview with Khadr

A federal cabinet minister rejected a request for a prison interview with former Guantanamo Bay detainee Omar Khadr even though the warden gave it a green light — a move some are denouncing as extraordinary political interference.

Documents obtained by The Canadian Press under the Access to Information Act show the warden of Millhaven Institution, where Khadr is in maximum security, approved the interview request made by the news agency in January, only to be overruled.

The refusal came from the office of Public Safety Minister Vic Toews to Correctional Service Canada, records show.

THE CANADIAN PRESS

2 officers shot outside Italian PM's office

Target. Shooting comes as Italy's new government is sworn in

An unemployed bricklayer shot two Italian policemen in a crowded square outside the prime minister's office in Rome on Sunday just as Italy's new government was being sworn in, investigators said.

The gunman's intended target was politicians, but none were in the square so he shot at the Carabinieiri paramilitary police, Rome Prosecutor Pierfilippo Laviani told reporters, citing what he said were the suspect's own words.

Mired in recession and suffering from soaring unemployment, Italy has been in political paralysis since an inconclusive February election. Social and political tensions have been running high among voters divided between centre-left, conservative and anti-government political parties.

Sunday was supposed to be a hopeful day when the debt-ridden nation finally got a new government to solve its many problems. But shots rang out in Piazza Colonna near a busy shopping and strolling area shortly after 11:30 a.m., just as Prime Minister Enrico Letta and his new ministers were taking their oaths at the Quirinal presidential office about a kilometre away.

The shooting panicked tourists and locals in the square, whose centrepiece is a towering, second-century ancient Roman column honouring Emperor Marcus Aurelius. Rome was packed Sunday with people enjoying the last day of a four-day weekend.

THE ASSOCIATED PRESS

Alleged assailant

- Rome prosecutor Pierfilippo Laviani identified the alleged assailant as Luigi Preiti, a 49-year-old from Calabria, a southern agricultural area plagued by organized crime and chronic unemployment.

A forensic officer collects evidence in Piazza Colonna where two Italian policemen were shot and wounded in the crowded square outside the prime minister's office in Rome on Sunday. ALESSANDRA TARANTINO /THE ASSOCIATED PRESS

Building explosion kills at least three in France

A possible gas explosion ripped off the side of a five-storey residential building in France's Champagne country on Sunday, killing at least three people and injuring 14 others, officials said. More than 100 rescue workers, firefighters, sniffer-dog squads and bomb-and-gas experts were deployed to the gutted building in a subsidized housing complex in the city of Reims, east of Paris, officials said. Heaps of debris spilled out of the building onto a grassy esplanade below. "The explosion of a residential building in Reims is a terrible drama," the office of French President Francois Hollande said in a statement, conveying his condolences to the victims' relatives. Michel Bernard, the top government official in Reims, said crews searching for survivors turned up the body of a woman under the rubble Sunday afternoon, raising the death toll to three. He said it was unlikely that the toll would rise any higher. JACQUES BRINON/THE ASSOCIATED PRESS

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Owner of collapsed factory caught trying to flee Bangladesh

Garment plant tragedy.
Fugitive businessman captured in border town; meanwhile rescue efforts halted after fire breaks out in rubble

The fugitive owner of an illegally constructed building that collapsed and killed at least 377 people was captured by commandos as he tried to flee into India.

At the disaster site, meanwhile, fire broke out in the rubble and forced authorities to suspend the search for survivors temporarily.

Mohammed Sohel Rana was arrested on Sunday in the western border town of Benapole, said Jahangir Kabir Nanak, junior minister for local government.

Rana was brought back by helicopter to the capital of Dhaka where he faces charges of negligence. Rana's capture was announced by loudspeaker at the disaster site, drawing cheers and applause from those awaiting the outcome of a continuing search-and-rescue operation for survivors of Wednesday's collapse.

Many of those killed worked at clothing factories in the building, known as the Rana Plaza. The collapse was the deadliest disaster to hit the garment industry in Bangladesh that is worth $20 billion annually, supplies global retailers and is a mainstay of the economy.

The fire that broke out late Sunday night sent smoke pouring from the piles of shattered concrete and halted some of the rescue efforts — including a bid to free a woman who was found trapped in the rubble.

The blaze was caused by sparks as rescuers tried to cut through a steel rod to reach the woman, said a volunteer, Syed Al-Amin Roman. At least three rescuers were injured in the fire, he said. It forced them to retreat while firefighters frantically hosed down the flames. THE ASSOCIATED PRESS

Relatives of missing workers in a building that collapsed on Wednesday hold pictures of their family members in Savar, near Dhaka, Bangladesh, on Sunday.
KEVIN FRAYER/THE ASSOCIATED PRESS

In the Playroom: Kids re-enacting tragic stories

In one of Jonathan Hobin's newest provocative photographs, GOT HIM!, a marine with a toy gun shoots Osama bin Laden in a messy ketchup-blood scene beside a kitchen fridge. JONATHAN HOBIN/HANDOUT/THE CANADIAN PRESS

For Picasso's masterpiece Guernica, it was the German bombing of a Spanish town. For Ottawa art photographer Jonathan Hobin's Twins, it was 9/11.

Current events have always inspired art and Hobin's latest instalment in his controversial series In the Playroom is an arresting modern example.

Each of his photos depicts children at play re-enacting tragic public events.

Hobin, 33, has portrayed familiar stories, such as a Halloween-inspired Abu Ghraib prison scene, a portrait of the late North Korean dictator Kim Jong-il and JonBenét Ramsey dressed in a pageant gown, among others.

He says the child models in his photographs are unpaid volunteers, and are either the children of friends and family, or models from agencies.

"I definitely would never have photographed a child unless I fully communicated what I was going to do," he said in an interview.

Parents "had to believe in what I was doing if I was going to photograph their child."

The idea for the series came after Hobin witnessed the repeated and unforgettable images of the planes striking the World Trade Center towers on 9/11.

"I started to think: 'I'm an adult and I can kind of handle what that means,'" he said.

"But with someone who is not as equipped as I am with problem-solving or just life experiences, how are they going to see that sort of thing? How are they going to comprehend what that means?" THE CANADIAN PRESS

Processing violence

Asked if he would depict the recent Boston Marathon bombings, Hobin said such events need time to play out in the culture before he can consider reflecting the stories visually.

- "It took probably about six or seven years before I did the 9/11 attacks. You kind of let the dust settle and see how it plays out," he said.

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Showing solidarity?

More workers join Alta.'s prison guards in strike: Union

More provincial workers are joining Alberta's prison guards in a wildcat strike, according to their union, while the government counters that the union is spreading rumours and many guards are returning to work.

Tyler Bedford, a spokesman for the Alberta Union of Provincial Employees, said Sunday that provincial sheriffs in Edmonton and Calgary will join the strike by hundreds of jail guards who are ignoring a provincial labour board order to return to work.

The sheriffs are members of the same AUPE local as the guards. THE CANADIAN PRESS

British Columbia

Multiple fatalities after horrific crash

Five people are dead after what B.C. Mounties say is possibly the worst car crash witnessed in over 20 years.

Police say the crash occurred at an intersection not far from the U.S. border on Sunday morning.

Sgt. Dale Carr said it appears a Dodge Caravan sped through a red light at the intersection and then crashed into a mid-sized car.

"[The Dodge Caravan] has such high velocity, it goes through the intersection, it comes to rest about 200 metres west of that intersection," he said. "There's again, so much velocity involved in the crash that the mid-sized import vehicle was torn in half." THE CANADIAN PRESS

Who's the space cadet on the new $5 bill?

Funny money. Dextre, Canada's extraterrestrial robotic go-to guy, rockets to fame on plastic notes — leaving focus groups scratching their heads

The Canadian Space Agency's robotic handyman, known as Dextre, ferries cargo from the Kounotori2 cargo ship to the International Space Station in this February 2011 file photo. Dextre will be featured on one of the Bank of Canada's new plastic notes. NASA/THE CANADIAN PRESS FILE

The Bank of Canada is set to unveil its latest plastic bank notes this week — but documents show some people found one of the new bills too "cartoonish" and the other too old-fashioned.

Focus groups consulted about the proposed images for the new bank note series thought the space motif of the new $5 bill looked childish.

"There is a perception that the note looks 'cartoonish' or too child-like," says a 2009 report commissioned by the bank from The Strategic Counsel, obtained by The Canadian Press under the Access to Information Act.

Others were left scratching their heads over the depiction of Dextre, a Canadian robotic handyman on board the International Space Station. Some people wrongly assumed Dextre was the name of an astronaut shown on the bill, while others had no clue who the name referred to.

"Dextre is not recognized — although once explained, it is accepted as an element of Canada's contribution to space technology that should be kept," the report says.

"The image of the space station is not recognized. It is confused with a concept drawing."

But if some people were stumped by the space-age technology on the $5 bill, others complained the train on the new $10s looked too quaint.

THE CANADIAN PRESS

Trade

U.S. border fee not going to happen, congressman says

A truck carries vehicles to the U.S. over the Peace Bridge crossing in Buffalo, N.Y. THE CANADIAN PRESS FILE

A U.S. congressman says Canadians should not be overly concerned about a proposed border crossing fee, saying it just isn't going to happen. Democratic representative Brian Higgins, from Buffalo, N.Y., told CTV's Question Period on Sunday that he has a lot of allies in the U.S. Congress who will stop any legislation that includes a fee.

Higgins, a member of the Homeland security committee, has been a vocal critic of a proposed study on a border fee since it was spotted last week buried in the department's 2014 budget. THE CANADIAN PRESS

Climate change. EPA reduces estimate of methane leaks during natural gas production

The Environmental Protection Agency in the U.S. has dramatically lowered its estimate of how much of a potent heat-trapping gas leaks during natural gas production, in a shift with major implications for a debate that has divided environmentalists: Does the recent boom in fracking help or hurt the fight against climate change?

Oil and gas drilling companies had pushed for the change, but there have been differing scientific estimates of the amount of methane that leaks from wells, pipelines and other facilities during production and delivery. Methane is the main component of natural gas.

The new EPA data is "kind of an earthquake" in the debate over drilling, said Michael Shellenberger, the president of the Breakthrough Institute, an environmental group based in Oakland, Calif. "This is great news for anybody concerned about the climate and strong proof that existing technologies can be deployed to reduce methane leaks." THE ASSOCIATED PRESS

Oil workers drill near Medicine Lodge, Kan., in this Feb. 2012 file photo, using a technique known as hydraulic fracturing or fracking to coax out oil and gas. Natural gas production has boomed in recent years, because fracking has enabled drilling in previously untapped areas. THE ASSOCIATED PRESS FILE

Beef industry to propose using irradiation

Steaks are displayed at a grocery store in this file photo. Canada's beef industry is about to ask the federal government to approve the use of irradiation in meat-processing plants to kill E. coli bacteria in a full range of meat products. The Canadian Cattlemen's Association says it is updating an application that was first made to Health Canada in 1998 for ground beef, but was turned down because of public concerns. Irradiation involves bombarding meat with radiant energy similar to X-rays. "Food irradiation is likely the most effective intervention remaining that we don't already use. And when you add irradiation, on top of the existing food safety system, we could essentially eliminate E.-coli-related illness from beef products," said Mark Klassen, the association's director of technical services. "Our proposal now is saying we would like to get permission to irradiate any kind of beef." THE ASSOCIATED PRESS FILE

Bitcoin dealers navigating uncharted financial waters

Canadians buying and selling an emerging digital currency are running afoul of established banks and operating in uncharted territory for financial regulators.

"The Canadian government doesn't know what a Bitcoin is, doesn't recognize the Bitcoin, and there's no regulatory agency that knows what a Bitcoin is," said Joseph David, the owner of VirtEx.

His Calgary-based website lets Canadians trade Bitcoins through an online market similar to a stock exchange. David said the two-year-old company facilitated $15 million in transactions this year.

But the company is one of several Bitcoin dealers struggling to navigate financial regulations that don't account for virtual currencies, and to cope with major banks shutting down their accounts without explanation.

Earlier this month, the Royal Bank of Canada closed VirtEx's account, along with the bank account of an Ottawa-based Bitcoin dealer.

"Anti-money laundering policy is a big thing, and that's what banks are concerned about," said James Grant, the owner of Canadian Bitcoins in Ottawa.

"Our problem is that we're not laundering money."

THE CANADIAN PRESS

Virtual currency

- Unlike traditional currencies such as the dollar, Bitcoins are not issued by a central bank, nor backed by a government.
- The virtual currency is governed by a computer program that allows users to exchange Bitcoins anonymously through a peer-to-peer network.
- Computers solve complex algorithms to verify transactions. And to prevent fraud, every Bitcoin trade is made public.

ANYONE SEEN THE SPRING SWITCH?

URBAN COMPASS

Paul Sullivan
saskatoon@metronews.ca

Once more, with snow.

It's official. Environment Canada has declared this the coldest spring in Saskatchewan in 113 years.

And it's not over yet. Those meteorological madmen are forecasting more snow over the next couple of days before we finally get to some nice weather toward the end of the week.

It's hard to believe, but those same sadists predict May and June will be warmer than normal.

Very hard to believe.

Fortunately, Saskatchewan refuses to lose its faith. Like the first robin, the intrepid folks at the Landing Golf Resort near Swift Current aren't waiting around for some vague promise of warmth and opened the course over the weekend. Nearly a full month after last year, but they opened the course. It's theoretically possible to go golfing, at least if there's not another freaking blizzard…

This time of year, Mother Nature often switches on spring with a casual flip. Possible snow today, possible plus-20 and sunny by the end of the week. Relief is tantalizingly near.

Just keep in mind that "possible" works both ways.

If you're looking for a reason that this has been the coldest spring in 113 years, you need only look south, where the warm American air was halted at the border by a high-pressure system drooping down from the Arctic like a giant icicle and blocking its entrance.

The Giant Icicle Effect is coupled with the Smothering Blanket of Snow Syndrome: the fact that there is more snow on the ground at this time of year than ever before and snow reflects sunlight, preventing it from warming up the cold, cold ground.

You'd be forgiven for believing that the weather gods have it in for Saskatchewan. The average temperature in March and April has been -8.9 C. That's 12 degrees less than it was last year! Is that even possible?

There is a glass-half-full perspective on this, if you're thirsty for good news: It was, after all, 12 degrees warmer last year. It could be 12 degrees warmer again next year. This could be a freak season, the likes of which won't be seen again for 113 years.

Apart from the cockeyed optimists, the weather is warming the cold-blooded hearts of the creatures at iceagenow.com, who believe we're on the verge of a winter that will last 11,500 years, despite whatever those misguided climate scientists try to tell us about global warming. Scary thought.

Let's just hope Mother Nature remembers where to find the spring switch and flips it on, preferably before the weekend.

113-year cycle?

If you're thirsty for good news: It was, after all, 12 degrees warmer last year. It could be 12 degrees warmer again next year. This could be a freak season, the likes of which won't be seen again for 113 years.

ZOOM

Half military, half citizenry

ILYA PITALEV/2013 SONY WORLD PHOTOGRAPHY AWARDS

Pyongyang crowd picture wins award

"In Pyongyang, half the people I saw were army men, the other half were civilians." These words by Ilya Pitalev are perfectly illustrated by his shot of soldiers and citizens in Kim Il-sung Stadium. Pitalev won the current affairs category at this year's Sony World Photography awards for his images of North Korea. **METRO**

Q and A

A microcosm of North Korea

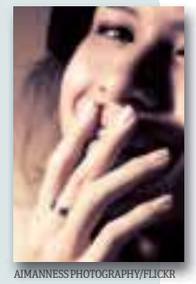
ILYA PITALEV
Photographer for RIA Novosti news agency, 42, from Moscow

How did you capture this striking juxtaposition?
The shot was taken inside Kim Il-sung Stadium. When the crowds first caught my eye, I could simply make out a geometric line dividing the people in two. There and then, I didn't think it was some profound or philosophical photograph — above all, it was a good, visual shot. But then after some time, I began to understand that the image reveals something about the country and its society.

What would you tell the world about North Korea?
That people there have their own celebrations in life and can find happiness. But they exist in a separate world, difficult for understanding from outside the country.

Clickbait

OK, it's time to mix up the 24-hour news updates, sports highlights and celebrity gossip that flood your Twitter feed, and incorporate some nonsensical, but punny accounts that pack their 140-character posts with something to snicker about.



AIMANNESS PHOTOGRAPHY/FLICKR

@Pundamentalism:

With puns such as, "Damn girl, you must be an English teacher, because when you're around I'm careful with the use of my colon," and, "If Satan loses his hair, there'll be Hell toupée," and other updates that vary between LQTMS and LOL, for example, "Thank-you for calling the Chronic Indecisiveness helpline. Please select one of the following 15 options," there isn't room for the mundane.

@SixthFormPoet:

If you can relate to self-deprecating humour with some intermittent cheesiness spliced into the mix, the Sixth Form Poet is just for you. With gems like , "'I'll have what she's having.' - Me, watching a woman having a nervous breakdown," and "'Never Eat Stolen Wheat.' - Moral compass," it's no wonder there is an entire book composed of these jokes.

@GSElevator:

This over-heard-in the Goldman Sachs' elevator account is a cross between the likely and the too-good-to-be-true. Employees are encouraged to email awkward moments. Here's one glimpse into the lives of the one per cent: "#1: Spent last night pouring champagne, feeding her dessert, & telling stories of my trip to Bhutan. I've never been to Bhutan." No need to envy the proverbial fly on the wall.

Tweets

Don Cherry said the men's locker-room is no place for a woman during his weekly Coach's Corner segment on Hockey Night in Canada Saturday night while discussing the controversy around Chicago Blackhawks defenceman Duncan Keith (whose comments to a female reporter have been called sexist).
Naturally, fans took to Twitter to comment. What's your stance? Let @metropicks know.

@therealmcguirkk: don cherry bang on with his comments last night... imagine a male reporter in a female changeroom with naked women..oh the atrocity #feminazi

@Jare_Bear16: Rons face when don says women shouldnt be in the changeroom.. lmao

@mrcanadiantech: Looks like Don Cherry said something again, but I have to agree with him on this one.

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

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TV Briefs

Two and a Half Men losing cast?

CBS announced on Twitter last Friday that it's bringing Two and a Half Men back next season, but didn't address whether the full cast would return. The series stars Ashton Kutcher, Jon Cryer and Angus T. Jones as Cryer's son. Jones' character is serving in the Army this season and has been somewhat less visible on Two and a Half Men.

THE ASSOCIATED PRESS

Will Angus T. Jones return to Two and a Half Men?
GETTY IMAGES

NBC renews five dramas

Television producer Dick Wolf will be busy next year. NBC said Friday that it has renewed five of its dramas for next season. Two of them — the long-running Law & Order: Special Victims Unit and Chicago Fire — are made by Wolf and his team. Revolution, Parenthood and Grimm were also given the guarantee that they will go on for another year.

THE ASSOCIATED PRESS

More Skinnygirl headed our way

Bethenny Frankel plans to expand her Skinnygirl line of wine and spirits and power bars to include more food products. "You'll definitely see Skinnygirl food," the former reality TV star said in a recent interview. "If it's something that I'm passionate about, if it's something that solves a problem for women in particular because that's who I connect with the most, and (it's) any product that I can improve upon or any problem that I can solve, then Skinnygirl will be attached to that."

THE ASSOCIATED PRESS

Panic Button premieres Tuesday on Space. HANDOUT

Who's afraid of a big, bad show?

Panic Button. New series pits people against their primal fears — and the only prize is bragging rights

What is your deepest, darkest innermost fear?

Participants come face-to-face with what scares them most in Panic Button, which premieres Tuesday at 10 p.m. ET on Space.

Volunteers are outfitted in red jumpsuits and helmets and invited to wander through a Big-Brother-style house of horrors in an environment that is Saw scary. Besides all manner of psychological terror, including being blindfolded, confined in tight spaces and wading through muck, they also have to endure live snakes, spiders and rats.

It all takes place in what was — appropriately enough — once a slaughterhouse in Toronto's West End.

This too-much-reality series features many slasher film motifs. Stark white rooms with No Exit stencilled on the wall above the entranceway give way to darkened, creepy corridors littered with hoses, wires and ankle-deep swill. At one point, players are confined in a standup metal booth the size of a coffin, which is then pushed through a wall of flames.

That's the easy part. Then the critters are unleashed. In some episodes, even Dobermans.

"This is psychotic," says one woman who braved her way to level three.

A disclaimer at the end tells viewers that "No harm was done to any animal" during the course of production. But what about the humans?

Players are given red, lit panic buttons they wear on their suits and can push the second it all gets too intense. The surprise in the pilot is who slaps theirs first and who holds out until the bitter end.

The strength of the series is all in the power of suggestion, says Jonathan Dueck (Destination Fear), one of two producers who gave reporters a walking tour of the creepy set.

Dueck explained that a disembodied voice (sounding like a woman with a slight British accent) gives participants seconds to follow commands. People are blindfolded and stripped of cellphones. Fifty per cent of the participants don't get past the first maze.

Women, reports fellow producer Kevin Healey (Scare Tactics), are more likely to be brave and proceed farther into the maze. Men are generally fraidy cats. "Guys are falling like fall leaves," says Healey.

There is a disturbing kinkiness to some scenes. Women are shown shackled in Plexiglas cages, arms in chains. A smaller Plexiglas box is lowered onto one woman's head. Snakes are then dumped into the box, slithering around her neck and right before her eyes.

Five participants in the first episode, between ages 19 and 31, are reduced to screaming swear machines as they wander about in the darkness. One is a music teacher afraid of snakes, another an amusement ride operator who hates rats.

One man, Kayvon, is a pharmaceutical sales rep described as "an ultra-competitive alpha male." He takes the challenge despite being "scared of bunny rabbits." One woman says she is doing this to prove to her young niece that she's "no scaredy cat."

All say they are doing this to overcome fears, but most must leave with vivid new nightmares. This series should be sponsored by an adult diaper company.

THE CANADIAN PRESS

Panic prerequisites

Participants are carefully tested and screened; people with heart conditions need not apply. All sign disclaimers the size of phone books. In what might be the scariest news of all, there is no prize money awarded for making it all the way through this chamber of horrors. "People just like to test their limits," says Healey, who sees his show as one big, psychological testing ground. "There are bragging rights to say you confronted your deepest fear and conquered it."

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Justin Bieber and Selena Gomez. ALL PHOTOS GETTY IMAGES

Bieber and Gomez continue to play up their reconciliation

In what has to be the surest sign yet that Justin Bieber and Selena Gomez have rekindled their romance, the Canadian pop star posted a photo to Instagram over the weekend of himself hunched shirtless over his laptop with a squinty-eyed Gomez cosying up behind him, arms around his midsection.

And the caption his chose for the revealing photo he shared?

"'You've been makin' music for too long, babe. Come cuddle' — her."

And there's further speculation about just how long they've been back together, as the picture was taken before Bieber acquired the tiger tattoo on his bicep he debuted last week.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

McGowan is letting her hairstyle go to her head

THE WORD
Dorothy Robinson
scene@metronews.ca

The newly platinum blonde actress Rose McGowan says her look is giving her a toughness she didn't have before.

"Part of (going blonde) is because I've been told (brunettes) look accessible and pleasing to the men in L.A. so as not to scare them. But then I realized I always scare them so f— it — I'm just going to do whatever I want and I've always wanted short platinum blonde hair so screw it....The men in Hollywood aren't men — they're guys like (whispers) Judd Apatow."

McGowan says this last part while making a face to suggest that Apatow doesn't chop his own wood, and adds, "Real men are hard to come by."

McGowan is so fierce during our recent interview on the Rooftop Terrace at Gramercy Park Hotel, it is hard to believe that the whole point in her talking to me is to promote the limited edition rose wine, Apothic Rose.

"I only drink Rosé, isn't that funny?" she says in a way that makes me feel it isn't contractually obligated. "I like it ghetto style — I usually pop an ice cube in it to chill it and take the sweetness out of it."

If you can't tell by now, McGowan isn't afraid to let loose on the current battle of the sexes in Hollywood.

"It's all frat guys; they condone sexism. The execs and the agents. They are people who went to law school and it wasn't sexy enough ... It's not like they want to be a part of great film making or anything," she said.

Martha Stewart

Martha Stewart finds online dating to be half baked

Martha Stewart once turned to online dating site Match.com to help her find a boyfriend — but she couldn't go through with it.

"I started laughing halfway down the page," she tells Matt Lauer in an interview. "It was, like, impossible."

But Stewart insists, at least, that if she does go through with an online dating profile, she wouldn't hide her identity.

"I want to do my real thing," she says.

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Book

Drunk Mom tells painful story

As the mother of a newborn, Jowita Bydlowska justified her drinking as research for a novel about alcoholism. The final result? A memoir about her own struggles with addiction.

Drunk Mom (Random House, $22.95) is an agonizing catalogue of Bydlowska's drunken parenting failures, filled with excruciating details like the fact that she kept a secret stash of bottles in her son's sock drawer.

"I'm told that I have a dark sense of humour," says Bydlowska. "I don't know if I did it consciously, but you need a bit of relief."

She also writes with piercing honesty about using Google to determine if her breast milk was safe to drink, hiding bottles of vodka in her son's stroller and fighting with her partner, author and newspaper columnist Russell Smith.

After three and a half years of sobriety, Bydlowska had a drink at a friend's wedding in Warsaw before she knew she was pregnant.

She relapsed into full-blown alcoholism with a glass of champagne following the birth of her son.

She does wonder about what her son will think when he reads the book. "I certainly have this idea of him being a 13- or 14-year-old and throwing it at the wall," she says.

"My hope is that he'll read it with an open mind and an open heart. It's a memoir, but it's also a form of (making) amends."

THE CANADIAN PRESS

Exclusively online

Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

What to expect when you're expecting after the age of 35

Pregnancy. Dr. Glade Curtis is a national authority on pregnancy. Now he turns his knowledge to the mid-30s set

NATALIE SHURE
Metro World News in New York City

Women who are older than 35 are more aware of the potential risks that come with pregnancy. ISTOCK

As author of 18 books on women's and baby's health, Dr. Glade Curtis is a national authority on pregnancy.

A newly revised edition of Your Pregnancy: After 35 is the latest addition to the authoritative Your Pregnancy: Week by Week series, co-authored by consumer and family studies expert Judith Schuler.

The updates are geared toward an ever-increasing proportion of women who choose to have children in their mid- 30s and beyond.

What did you consider when updating this book?
I think it's critical, when people want information about their health and pregnancy, that the information is up-to-date. I looked at every part of it to add new information, including how the science has changed. I think one of the more exciting areas for this population of pregnant women is all of the things we're learning about genetics and genetic counseling.

What are the best parts about pregnancy at this age?
They're more informed, and they're more aware of potential risks and problems. They have taken good care of themselves — if you compare that to an 18-year-old who wasn't trying to get pregnant, then it becomes clear that we don't need to be scared to death of these pregnancies.

What do women find most useful about this book?
The most important thing is being armed with accurate information so that when they visit their doctors they can ask the appropriate questions. The other thing is reassurance. For any woman and any couple, being pregnant is scary — the book reassures women that these are normal things that are happening.

What are some of the field's most important new medical advances?
One of the most exciting advances is all that has happened in ultrasound technology. Ultrasound has gotten so good, there are so many things we can do to evaluate the baby and help with the pregnancy.

What should expectant couples keep in mind during a pregnancy?
I think it's always important to remember to enjoy the miracle of birth. So, make sure you enjoy the excitement, the fun and the miracle of having a baby.

Before IVF, try these baby-making tricks

LINDA CLARKE
Metro World News in New York City

There are four or five days when a woman is most likely to conceive. ISTOCK

If you're having trouble conceiving, you're not alone.

Women's health expert Dr. Donnica L. Moore, a spokesperson for the Clearblue ovulation test, says that some problems in conceiving can be avoided. She and Dr. Victoria Maizes, author of Be Fruitful: The Essential Guide to Maximizing Fertility and Giving Birth to a Healthy Child gave us a preconception checklist.

Be patient
"Women erroneously think that once they stop taking birth control — voila! They will become pregnant. It can happen, but generally the hormones have to settle down," says Moore.

Mark your calendar
"There are four or five days when a woman is most likely to conceive," says Moore. "The time of ovulation and a few days before is when couples need to plan to have intercourse. That's where Clearblue come in. It checks the LH surge (a rise in luteinizing hormone, which happens right before ovulation starts)."

Enjoy sex
"Procreational sex is very different from recreational sex and it puts a lot of stress on couples. That stress makes you less likely to want to have sex, and it becomes a cycle," says Moore.

Ditch low-fat dairy — really!
"Whole-fat dairy products are associated with a lower risk of infertility. This may be due to the way the hormonal balance shifts when we remove milk fat to make low-fat milk product," says Dr. Victoria Maizes.

Live Below the Line challenges people to live under the poverty line for five days, and to buy all the food and drink needed to survive during that time with just $8.75 a week or roughly $1.75 a day. Here are some recipes to help you take the challenge.

In the kitchen and below the line

IZABELA SZYDLO
life@metronews.ca

What do celebrities like Ben Affleck, Hugh Jackman, Canadian actor Ennis Esmer, Osman 'Oz' Bey of CTV's The Listener and Carrie-Lynn Neals of CityTv's Seed have in common with thousands of Canadians and Americans?

They're all taking part in the Live Below the Line challenge, during which participants spend just $8.75 a week or roughly $1.75 per day ($1.50 in the United States) on all daily food and drink from today to May 3.

The $1.75 per day mark is the Canadian equivalent of the poverty line and the goal of this challenge is to begin a national dialogue to change the way Canadians think about the choices made every day by those living in extreme poverty.

In addition to raising awareness by partaking in the challenge, Canadians are raising funds for four partner organizations: Cuso International, Spread the Net, RESULTS Canada and Raising the Village.

"Living on $1.75 per day is not about pretending to be poor," says Erin Devineyy, Canadian campaign manager of Live Below the Line.

"It's about raising awareness of the difficult choices 1.4 billion people must make to survive each day and supporting partner organizations directly combating extreme poverty."

Chef John Placko of Modern Culinary Academy, one of Canada's top culinary consultants, and Christina Frantzis, a food stylist and recipe developer, have created recipes to help Canadians with the challenge.

Ingredients

- 100 g linguine
- 1/2 Italian sausage, casing removed
- 1 white mushroom, halved and sliced
- 1 tbsp tomato paste
- Pinch of dried oregano

Linguine with Sausage and Mushroom Ragout

This dish costs $0.64 per person to make. MARTHA WEBER

Linguine with Sausage and Mushroom Ragout

1. Fill a medium-sized pot with water and bring to boil. Cook pasta according to package instructions then drain.

2. Add sausage to small pan and break it up while sautéing over medium heat until almost no pink remains.

3. Slice mushroom and add to a pan. Cook over moderate heat until softened.

4. Stir in tomato paste and reserved cooking water into sausage mixture and simmer until reduced by half.

5. Add oregano and spoon sauce over pasta and enjoy. **CHRISTINA FRANTZIS, FOOD STYLIST AND RECIPE DEVELOPER**

Breakfast. Apple Cinnamon Five-Grain Pancakes

These pancakes cost $0.56 per person to make. MARTHA WEBER

1. In a small bowl, add the water into the pancake mix. Stir gently then add in the cinnamon and apple until the mixture is smooth.

2. In a non-stick skillet over medium heat, ladle batter according to desired size.

3. Cook for 2 minutes or until bubbles form in the batter. Turn and cook for 1 to 2 minutes longer or until golden and puffed.

4. Dust finished pancakes with icing sugar and enjoy. **CHRISTINA FRANTZIS, FOOD STYLIST AND RECIPE DEVELOPER**

Ingredients

- 3/4 cup water
- 3/4 cup 5-grain pancake mix
- 1/2 tsp ground cinnamon
- 1/4 cup apple, diced
- 1/2 tsp icing sugar

Quick Caramelized Onion & Potato Frittata

This recipe costs $0.63 per person to make. CHEF JOHN PLACKO

1. Heat oil in a non-stick pan on medium heat and add the onion slices.

Ingredients

- 1 tbsp of vegetable oil
- 1/2 of an onion, sliced thinly
- 1 small potato, diced small (1/4 inch), cooked in salted water
- 2 eggs, beaten
- Salt and pepper

2. Stir with a wooden spoon while cooking for 8 to 10 minutes until golden brown.

3. Drain the cooked potato and add to the pan. Combine potato and onions.

4. Add beaten and seasoned eggs to the pan and stir with the onions and potatoes until the eggs begin to set.

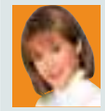
5. Leave the eggs to cook and firm up for 1-2 minutes.

6. Place the pan under a broiler/grill for 2 minutes.

7. Use a spatula to loosen the omelettes from the pan and slide onto your plate. **CHEF JOHN PLACKO, CULINARY DIRECTOR AT MODERN CULINARY ACADEMY**

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Don't be fooled by some key words when ordering pizza.

Mrs. Vanelli's Roasted vegetable Pesto Pizza (2 slices)

1200 calories/ 66 g fat

Vegetarian doesn't mean healthy. There's garlic spread and pesto, which are oil based, adding to the higher calories and fat. You're consuming three quarters of your daily calories and half your daily fat.

Equivalent

Two slices of Mrs. Vanelli's Roasted Vegetable Pesto Pizza are equal in fat to 11 McCain's Deep 'n' Delicious Three–Cheese Mini Pizzas.

Mrs. Vanelli's Hawaiian Pizza (2 slices)

860 calories/ 26 g fat

If you choose this pizza made with ham and cheese, you will save about 350 calories and 40 gm of fat.

Y we could use some boomer wisdom

Take me to your senior. Learning from our elder leaders will only serve to benefit future business

YLVA VAN BUUREN
CareerBear.com

The knowledge gap in the corporate world will widen if retiring baby boomers continue to do little to mentor younger workers, says Donna Stevenson, a business coach and recruiter who's studied the issue.

Stevenson surveyed 100 senior leaders and human resource managers across the country who told her baby boomers are reluctant to share their workplace expertise.

"This failure to pass on the torch will leave wastelands of organizational know-how as 50 per cent of baby boomers prepare to retire over the next seven years."

Since many senior management positions are held by boomers, and since the next group, known as Generation X (those born in the early '60s to early '80s), is too small to pick up the slack, it will be left to Generation Y (those born after the early '80s to 2000s) to do so.

"I was under the impression Generation Y didn't want to learn and that's not true at all," says Stevenson. "They want to move ahead. What we're pitching is the need for organizations to have a leadership legacy."

Her research also found that less than 25 per cent of companies have succession planning in place.

It is imperative that Gen Ys recognize the contribution of boomers, and by doing so they will hopefully pave the way for mutual respect. ISTOCK

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

The whys and the hows

Why are boomers less inclined to help younger workers? Here are four reasons that Stevenson's research identified, as well as how Gen Ys can overcome them and get a boomer boss to share their workplace expertise.

- **Boomers fear not being needed anymore.** Stevenson recommends younger employees use their technology related skills as bait. "Find boomers who are in roles you'd like and offer to help them learn social media skills, even if it's so they can communicate with their grandkids."
- **Boomers lack the time and resources to mentor.** Stevenson says what they're really saying is they don't know how to mentor. As a Gen Y employee trying to overcome this, get involved in a work project that will have a significant influence over the organization. By participating you're bound to at least pick up pointers from senior staff and perhaps even plant the seed for a mentoring relationship.
- **There's no mentoring motivation within the organization.** Gen Y subordinates should be more flexible in being available for senior leaders, says Burlington-based recruiter Claire Gibson. Try to find projects that you can collaborate on. Again, use your digital skills to turn boomers' heads.
- **There's no one in the organization worth mentoring.** This probably points to organizations that have poor mentoring cultures. Gen Y workers should try to find organizations that foster senior leaders who coach and guide. Ask during the interview process how the organization cultivates its mentors, says Gibson.

I was matched to this job by a machine?

Aggregator agitation. An applicant tracking system may be rushing through your resumé, but there are ways to slow the system down

JANE BORDEN
Metro World News in New York

The job application process is shifting due to applicant tracking systems, which are online resumé aggregators that many nonprofit and corporate entities are using to weed through candidates. Trudy Steinfeld, assistant vice president and executive director of the NYU Wasserman Center for Career Development, helps you navigate the new system:

Talk to the robots (mostly)

Do: Maximize keyword searching

"Say they're looking for a candidate who's detailed, can communicate and is a good editor," Steinfeld says. "When they get resumés, they'll search the system for those keywords. If you don't have those words on your resumé, even if those skills are displayed differently, your resumé is likely not to be identified."

Don't: Go overboard

"I recently heard an interesting story: There were 10 openings in this company and one person's resumé was identified with every keyword search, though the jobs were completely different. The candidate included keywords for every job, made the text white [so it was disguised] and put the resumé over [that text]. They tossed the resumé when they learned of the stunt.

Old is new: Send a fax

"Especially when applying to small organizations, fax your resumé. Most offices still have a machine and — guess what? — it never rings," Steinfeld says. "I've noticed that in my own office, when the fax machine rings, people wonder, 'What could that be?' It could be your resumé. It sounds crazy, but the reality is, I test this out all the time with employers and they say, 'Yeah, if I get a resumé over the fax machine, I'm curious.' Say, 'I also sent this online, but I wanted to make sure it got into your hands.'"

Who new that a few extra clicks could label you 'the perfect candidate'? ISTOCK

Numbers game

Quantify your results

- **"If you've worked on a project and there are quantifiable results, provide the numbers," she says.** "Employers are into analytics; having an actual measure of your success can really help.

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Senators block Bruins from winning Northeast

NHL. Ottawa leapfrogs New York Islanders in East and draws Montreal in first round; Boston gets Toronto

On Sunday

Senators	Bruins
4	2

Jean-Gabriel Pageau scored the tiebreaking goal with 3:34 to play and the Ottawa Senators beat Boston 4-2 on Sunday night in the NHL's rescheduled regular-season finale.

The victory gave the Senators the seventh seed for the Eastern Conference playoffs and a matchup with Montreal and dropped the New York Islanders into eighth and a first-round series against the Pittsburgh Penguins.

The Bruins, who could have won the Northeast Division and earned a No. 2 seed with a win, finish fourth; they will play Toronto in the first round.

The game was originally scheduled for April 15, the day of the Boston Marathon bombings. It was the only NHL game on Sunday, with the rest of the league wrapping up the regular season by Saturday.

Kyle Turris scored an empty-netter with 37 seconds left.

Robin Lehner stopped 34 shots for the Senators, who had not beaten Boston in their previous 14 tries.

Tuukka Rask made 18 saves for Boston, which had won two straight division titles.

Pageau also assisted on Erik Condra's goal that made it 1-0 with three minutes left in the first period. Jared Cowen scored midway through the second to give Ottawa a 2-0 lead.

But the Bruins scored twice — on Rich Peverley's goal with 3.4 seconds left in the second period and again on Dennis Seidenberg's goal just 14 seconds into the third.

It was still tied when Pageau swept a rebound past Rask to give the Senators a 3-2 lead. The Bruins couldn't manage any pressure with Rask pulled for the final minute, and Ottawa clinched it when Erik Karlsson lofted it out of the zone to Turris, who wristed a long shot into the empty net. **THE ASSOCIATED PRESS**

Ottawa Senators defenceman Erik Karlsson holds off Chris Kelly of the Boston Bruins while carrying the puck on Sunday in Boston. The Sens won 4-2. JARED WICKERHAM/GETTY IMAGES

Canada usurps U.S. for U-18 supremacy

Canadian players sing the national anthem after winning the world under-18 championship on Sunday in Sochi, Russia. ARTUR LEBEDEV/THE ASSOCIATED PRESS

Canada has ended four years of American dominance at the world under-18 men's hockey championship.

Frederik Gauthier's second-period goal stood as the winner as Canada rallied past the United States 3-2 to win the world title.

The Americans had a 2-1 lead at the midway point of the game and outshot the Canadians 35-12 altogether.

"The U.S. are defending champions and they have been in this tournament for four years," said assistant coach Jody Hull. "I think we were a bit nervous at the beginning and we weren't able to get out of it but we stuck with it, we stayed with what our focus was and stayed on the process.

"When we got opportunities we seemed to capitalize on them and our goaltender played great early to keep us in the game. That's what it's all about — a solid team effort from top to bottom."

Philippe Desrosiers stopped 33 shots in Canada's net for the win. **THE CANADIAN PRESS**

Hockey

Red Deer triumphs at Telus Cup

The Red Deer Chiefs are champions once again at the Telus Cup.

Matt Zentner made 27 saves as the Chiefs won for a second straight year at Canada's national midget hockey championship, 5-0 over the Ottawa Jr. 67's on Sunday in Sault Ste. Marie, Ont.

Red Deer opened the scoring with Chase Thudium scoring late in the first before the Chiefs took a commanding 4-0 lead in the second on goals from Trey Degraaf, Ryker Leer and Chris Garrie.

Red Deer advanced to the final after beating the Saskatoon Contacts 5-1 in the semifinal. **THE CANADIAN PRESS**

NFL

Marauders' Sewell to join Rams' Charles in Tennessee

McMaster Marauders offensive lineman Matt Sewell has signed a contract with the NFL's Tennessee Titans.

The six-foot-eight, 335-pound Sewell signed with the Titans late Saturday night after being bypassed in the NFL draft.

Sewell, of Milton, Ont., will join Regina Rams defensive tackle Stefan Charles with the Titans.

Charles, of Oshawa, Ont., also signed with Tennessee as a free agent on Saturday after not being selected in the draft.

Both Sewell and Charles are eligible for next month's CFL draft. **THE CANADIAN PRESS**

Coming up short

"We're not in the playoffs, so we all underperformed."

General manager Paul Holmgren on Sunday commenting on his Philadelphia Flyers who failed to make the NHL playoffs for the first time since 2007 and only the second time since 1995.

Horoscopes

♈ Aries
March 21 - April 20
It's not like you to be so openly affectionate but someone seems to have fired up your passion. Whatever the reason for the sudden upsurge of loving feelings it's something you should do more often.

♉ Taurus
April 21 - May 21
There are so many wonderful aspects operating in your favor now that all things are possible. Wishes you made in the past that came to nothing WILL come true this week.

♊ Gemini
May 22 - June 21
If you need to give your self-confidence a boost ask a friend what they think of your latest creative project. Most likely they will praise it to the skies and your ego will go through the roof too.

♋ Cancer
June 22 - July 23
What a loved one tells you today may be interesting but you would be wise not to take it too seriously. It could be that they have been mislead, so check the facts carefully.

♌ Leo
July 24 - Aug. 23
You could meet someone interesting today, but only if you make the effort to get out and about. You could also be the beneficiary of a stroke of good fortune you probably don't deserve.

♍ Virgo
Aug. 24 - Sept. 23
If you make a few small and apparently insignificant savings now you won't have to make so many major sacrifices later on. As a Virgo you are supposed to be organized.

♎ Libra
Sept. 24 - Oct. 23
Tell someone how you feel about them today — provided, of course, your feelings are warm and generous. Don't put it off a moment longer.

♏ Scorpio
Oct. 24 - Nov. 22
You may want to help a colleague who clearly is in need of assistance but if you have already helped them several times in the recent past maybe you should let them suffer. It may be the only way they learn.

♐ Sagittarius
Nov. 23 - Dec. 21
You are in an unusually loving mood at the moment and long may it continue. However, don't be so loving that you forget that not everyone shares your natural generosity.

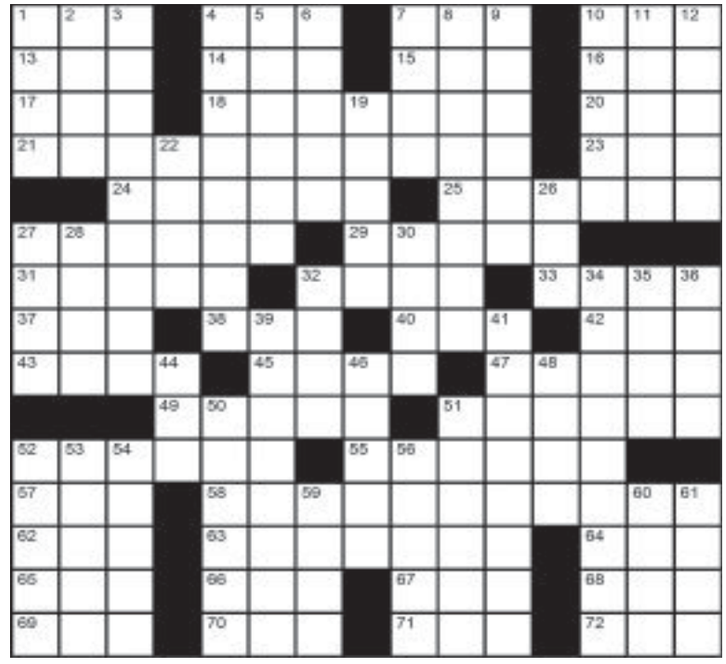
♑ Capricorn
Dec. 22 - Jan. 20
You may be unsure of your abilities but others have faith in you and will go out of their way to show it today. If they ask you to get up in front of an audience be brave and do it.

♒ Aquarius
Jan. 21 - Feb. 19
You seem to be everyone's favorite Aquarius at the moment, but don't let it lull you into a false sense of security. You still have some big issues to deal with and some big rivals to overcome.

♓ Pisces
Feb. 20 - March 20
The next few days are going to be very busy indeed, not only in body but in mind as well. New ideas will grab your attention and new opportunities will tempt you to try something different. So try. **SALLY BROMPTON**

Crossword: Canada Across and Down

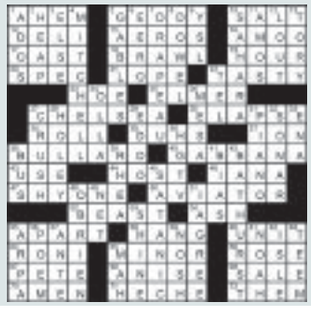
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. _∑∑_ Cosmetics
4. Tee-__ (Chuckle)
7. Opera singing style, __ canto
10. Tub
13. Texting point-of-view
14. Crawling plant
15. Iron's partner
16. 'Percent' suffix
17. Wetland
18. __ Triangle
20. Company name abbr.
21. New Brunswick's provincial capital
23. Headed
24. __ Globetrotters
25. Crunchy veggie
27. Canadian actor Henry of ABC's "Revenge"
29. Milk carton size
31. Raccoon-like animal
32. Dean Martin's nickname
33. Twirled
37. Pay-when-received [acronym]
38. House siding material, for short
40. Airport screen abbr.
42. Maritime workers' org.
43. "__ __ Excited" by The Pointer Sisters
45. Overlook
47. Master of ceremonies
49. Safety __ (Accessibility aids)
51. Bicycle wheel parts
52. Residential area
55. On the beach
57. 'Cond' completer (Excuse)
58. Telemarketing workplaces: 2 wds.
62. Thespian's verb
63. Garden's latticework
64. Little devil
65. Boring routine
66. 'Glycer' suffix
67. 'Mod' suffix
68. Ms. Peeples
69. Barn abode
70. Lettuce variety
71. Some univ. degrees
72. Axl Rose's rock gr.

Down
1. Annoy
2. Actress Ms. Ferrera, for short
3. 1993 Dan Aykroyd comedy in which he reprised his Beldar character from "Saturday Night Live"
4. Offshore oil platform in the Jeanne d'Arc Basin of Newfoundland's Grand Banks
5. The __ Brothers
6. High nest [var. sp.]
7. Boxing match
8. George Clooney, on TV: acr. + wd.
9. More svelte
10. Montreal's Place __ Marie
11. Adjust
12. Toy bear
19. Old Rome's 1951
22. Dash
26. WKRP employee
27. Gladiator's 301
28. Move quickly
30. __ the finish: 2 wds.
32. Toss away
34. __ Nuclear (Generating station east of Toronto)
35. 1997 Peter Fonda title role
36. Rob Roy's refusals
39. Guy __ and His Royal Canadians
41. Answers: French
44. Q. "What's the 21st letter?" A. "Hmmm... either T __ _."
46. "Love __ __ you need." - The Beatles
48. Beetle Bailey creator Mr. Walker
50. North Pole's __ Ocean
51. Canadian actress Ms. McCarthy
52. Goes parasailing
53. Not-mowed grass
54. Actress Ms. White
56. _ __ 7 (Brit pop group)
59. Some brand name jeans
60. Scale with one sharp, _ __.
61. Box

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

7		5				3		4
	9		8		4		2	
4			9		3			5
		6	4		9	2		
		4	7		2	1		
1			3		8			6
	7		2		6		4	
3		9				8		2

Friday's Sudoku

If you are over 50, there is a shingles vaccine to protect you!
To book an appointment
306-655-4780
Saskatoon Health Region
Population and Public Health
Shingles pain can be "excruciating"

SiriusXM

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Less Fuel. More Power. Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. Wise customers read the fine print: ‡, †, § The Dodge Dart Sales Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after March 1, 2013. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. Pricing excludes freight ($1,595), licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. ‡3.49% purchase financing for up to 96 months available on the new 2013 Dodge Dart SE (25A) model to qualified customers on approved credit through Royal Bank of Canada. Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $15,995 financed at 3.49% over 96 months with $0 down payment, equals 208 bi-weekly payments of $88 with a cost of borrowing of $2,347 and a total obligation of $18,342. †0.0% purchase financing for 36 months available on the new 2013 Dodge Dart SE (25A) to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $15,995, with a $0 down payment, financed at 0.0% for 36 months equals 78 bi-weekly payments of $205.06; cost of borrowing of $0 and a total obligation of $15,995. §2013 Dodge Dart GT shown. Late availability. ◻Based on 2012 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Transport Canada test methods used. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. 2013 Dodge Dart AERO (Late Availability) – Hwy: 4.8 L/100 km (59 MPG) and City: 7.3 L/100 km (39 MPG). **Based on 2013 *Ward's* upper small sedan costing under $25,000. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC.

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